

# Health Department News

Summer 2012

Serving Bloomingdale, Florham Park, Kinnelon, Pequannock, Riverdale

## Fall Flu Clinic Schedule:

- **October 1<sup>st</sup>** - Monday- Kinnelon Kiel School, 4:30-7:30pm.
- **October 9<sup>th</sup>**- Tuesday- Bloomingdale Fireman's Hall, 4:00-7:00pm.
- **October 15<sup>th</sup>**- Monday-Riverdale Senior Center, 4:00pm-7:00pm.
- **October 23<sup>rd</sup>**- Tuesday-Florham Park Briarwood School, 4:00pm-7:00pm.
- **November 1<sup>st</sup>** -Thursday- Pequannock High School, 4:00pm-7:00pm.



Gardasil HPV: **Free** through the health department. Recommended for children age 9-26.



**SHINGLES/ Zostavax Vaccine:** available through the Health Department. Recommended for persons age 60 and older to prevent shingles. Cost: \$200 per vaccination.

## **Medical Equipment for Loan**

The Health Department has a supply of walkers, canes, wheelchairs, shower chairs, elevated toilet seats available for loan to residents. Contact the Public Health Nurses for more information.



## **Walk-in Blood Pressure Checks:**

Public health nurses schedule monthly blood pressure clinics throughout our area. This service is free to all residents.



**SMAC-** October 29<sup>th</sup> in Bloomingdale (Fireman's Hall) 7am-10am. Appointments Necessary @ 973-835-5700 ext. 127



## **Child Health Conferences:**

Immunizations and wellness physicals are available to uninsured/under insured children. Clinics are scheduled bi-monthly. \$10.00per visit. Appointments are required.

## **Prevent Lyme Disease**

- Wear Repellant
- Check for ticks daily
- Shower soon after being outside

[www.cdc.gov/lyme](http://www.cdc.gov/lyme)

**Se  
Habla  
Español**

**Remember to  
License your  
Pets!**

**Look out for FREE  
Rabies Vaccine on  
our Fall Newsletter.**



## **Summer Safety Tips**

- 38 children die in hot cars each year from heat-related deaths after being trapped inside motor vehicles. Watch out for sleeping infants in cars!
- Internal trunk release mechanisms are now required in all vehicles with trunks.

More information @ <http://www.cdc.gov/safechild/>  
**PROTECT THE ONES YOU LOVE FROM INJURY**

**To Receive Regular Alerts  
and Updates (e-Notify)**

- Go to [www.peqtwp.org/health](http://www.peqtwp.org/health)
- Connect with us:



*For further information or to make appointments (when required) regarding the above programs or other services offered by the Health Department please call 973-835-5700 ext 127, or Check out our webpage.*