

# Dirty Hands Spread Disease

Las Manos Sucias Propagan Enfermedades

**WASH YOUR HANDS BEFORE RESUMING WORK**  
**LÁVASE LAS MANOS ANTES DE VOLVER A TRABAJAR**



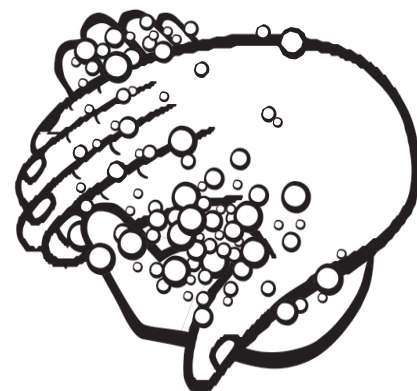
**1. Wet Hands**

Mójose las Manos



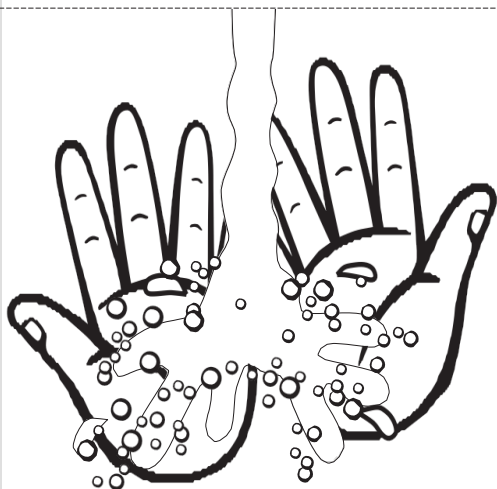
**2. Soap**

Enjabónese



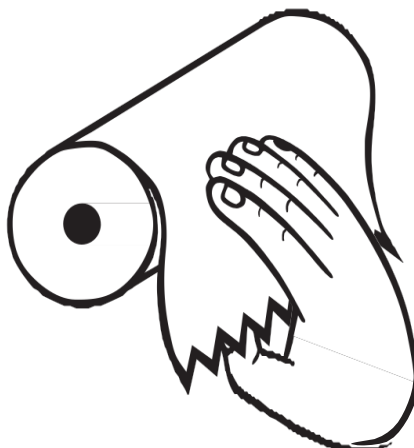
**3. Wash for 20 seconds**

Friéguese las manos 20 segundos



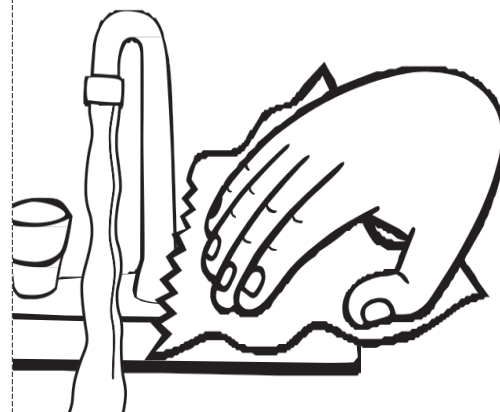
**4. Rinse**

Enjuáguese



**5. Dry**

Séquese las Manos



**6. Turn Off Water**

with a paper towel  
Cierre el grifo con toalla de papel

**COUNTY OF MORRIS  
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